CITY FRESH FOODS

# September 2026
# Snack Menu

**Delivering health one meal at a time!**

***Meals served with 1% fluid milk***
***All offered grains are whole grain rich***

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Whole Grain Sunchip, Yogurt<br>August 31st | Whole Grain Graham Bites, String Cheese<br>1 | Whole Grain Wheat Thins, Hummus<br>2 | Whole Grain Animal Crackers, Yogurt<br>3 | Whole Grain Goldfish, String Cheese<br>4 |
| **Holiday - No Meals**<br>7 | Whole Grain Maple Waffle Bites, String Cheese<br>8 | Whole Grain Cinnamon Grahams, Yogurt<br>9 | Whole Grain Pretzels Goldfish, Hummus Cup<br>10 | Whole Grain Animal Crackers, Yogurt<br>11 |
| Whole Grain Sunchip, Yogurt<br>14 | Whole Grain Graham Bites, String Cheese<br>15 | Whole Grain Wheat Thins, Hummus<br>16 | Whole Grain Animal Crackers, Yogurt<br>17 | Whole Grain Goldfish, String Cheese<br>18 |
| Whole Grain Tortilla Chips, Cheese Dip<br>21 | Whole Grain Maple Waffle Bites, String Cheese<br>22 | Whole Grain Cinnamon Grahams, Yogurt<br>23 | Whole Grain Pretzels Goldfish, Hummus Cup<br>24 | Whole Grain Animal Crackers, Yogurt<br>25 |
| Whole Grain Sunchip, Yogurt<br>28 | Whole Grain Graham Bites, String Cheese<br>29 | Whole Grain Wheat Thins, Hummus<br>30 | | |

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125 Menu subject to change This institution is an equal opportunity provider Phone 617-606-7123 | Fax 617-606-7126 |
Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.