

April 2022
 MA Region Breakfast Menu



BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Fruit Options Apple Slices Pear Slices Oranges Bananas				Whole Grain Pancakes (2) Syrup Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk
Muffin Town Muffin String Cheese Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain Bagel Jelly Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain French Toast Sticks Syrup Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Build Your Own Parfait Granola Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain Lemon Blueberry Bread housemade Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk
Whole Grain Bagel Jelly Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Muffin Town Muffin String Cheese Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain Waffles (3) Syrup Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Yogurt WG Cracker Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain Strawberry Vanilla Bread housemade Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
Whole Grain Bagel Cream Cheese Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Muffin Town Muffin String Cheese Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain Pancakes (2) Syrup Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Yogurt WG Cracker Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk	Whole Grain Banana Chocolate Bread housemade Assorted Fruit (1/2 cup) 100% Fruit Juice (1/2 cup) Skim/1% Milk

This institution is an equal opportunity provider.

NOTE: Menu subject to change